



Virginia Soccer Association

Age Guidelines for US Youth Soccer

Season	2023-24	2024-25	2025-26	2026-2027
Birth Year				
2022				U5
2021			U5	U6
2020		U5	U6	U7
2019	U5	U6	U7	U8
2018	U6	U7	U8	U9
2017	U7	U8	U9	U10
2016	U8	U9	U10	U11
2015	U9	U10	U11	U12
2014	U10	U11	U12	U13
2013	U11	U12	U13	U14
2012	U12	U13	U14	U15
2011	U13	U14	U15	U16
2010	U14	U15	U16	U17
2009	U15	U16	U17	U18
2008	U16	U17	U18	U19
2007	U17	U18	U19	
2006	U18	U19		
2005	U19			